## Lorian Education

Class Name: Deepening Into Nature

Begins: April 18, 2024

Facilitators: Ron Hays, Deb Scrivens, Mindy Springer

## **CLASS FORMAT – SPRING SESSION**

Deepening Into Nature is a series of three-week sessions to be held during each season of the year. Participants may join one or more sessions during the year.

The class will be based on three recorded presentations. Each will feature a topic based on the season.

During the weeks between the session presentations, the facilitators will have 'office hours' where anyone in the class can come to ask questions, share experiences, and converse with others in the class.

In the interval between one session and the next, there will be monthly 1-and-a-half-hour open group discussions. They are open to anyone who has participated in any or all quarterly segment(s) of the program. They are meant to foster relationships, development, and a sense of connection throughout the year.

Integral to the program will be a commitment to the development of a regular practice of visiting and spending time in a 'secret spot' located in nature. One's definition of 'in nature' is flexible and adaptive to each individual participant and the environments and conditions available and accessible to them. Any setting, be it urban or rural, expansive or minute, will be adaptable. Commitment to the practice is what will be important.

## **PRESENTATIONS**

3 Online Meeting Presentations: 1 and a 1/2 hours per session.

The Spring sessions will be held on the following dates:

Sunday, April 21 @ 12 pm Pacific Time Sunday, April 28 @ 12 pm Pacific Time Sunday, May 5 @ 12 pm Pacific Time 6 Office Hour Discussions: ~ 1 hour and 15 minutes per session

Office Hours will be held during the presentation weeks on Mondays at 9:00 am and Thursdays at 2:00 pm.

Monday, April 22 @ 9:00 am Pacific Time Monday, April 29 @ 9:00 am Pacific Time Monday, May 6 @ 9:00 am Pacific Time Thursday, April 25 @ 2:00 pm Pacific Time Thursday, May 2 @ 2:00 pm Pacific Time Thursday, May 9 @ 2:00 pm Pacific Time

Monthly Group Discussions – Schedule to be announced.

## Find Your Time Zone

Deepening Into Nature will be held on our online education site, Lorianeducation.com, powered by Ruzuku.com, where you will have access to online discussions and materials 24/7 through your Learning Library. In addition to the class information for the course in your Learning Library, there will be a Nature Library, which will have additional information added during the year.

All online sessions will be recorded and made available. Written support materials will be included and will be made available in an online class library.

Participants are encouraged to add contributions to the library.